

COLUMBIA-SUICIDE SEVERITY RATING SCALE (C-SSRS)

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RISK ASSESSMENT

Instructions: Check all risk and protective factors that apply. To be completed following the patient interview, review of medical record(s) and/or consultation with family members and/or other professionals.

Past 3 Months	Suicidal and Self-Injurious Behavior	Lifetime	Clinical Status (Recent)
	Actual suicide attempt Lifetime		Hopelessness
	Interrupted attempt Lifetime		Major depressive episode
	Aborted or Self-Interrupted attempt Lifetime		Mixed affective episode (e.g. Bipolar)
	Other preparatory acts to kill self Lifetime		Command hallucinations to hurt self
	Self-injurious behavior <i>without</i> suicidal intent		Highly impulsive behavior
Suicidal Ideation Check Most Severe in Past Month			Substance abuse or dependence
	Wish to be dead		Agitation or severe anxiety
	Suicidal thoughts		Perceived burden on family or others
	Suicidal thoughts with method (but without specific plan or intent to act)		Chronic physical pain or other acute medical problem (HIV/AIDS, COPD, cancer, etc.)
	Suicidal intent (without specific plan)		Homicidal ideation
	Suicidal intent with specific plan		Aggressive behavior towards others
Activating Events (Recent)			Method for suicide available (gun, pills, etc.)
	Recent loss(es) or other significant negative event(s) (legal, financial, relationship, etc.)		Refuses or feels unable to agree to safety plan
Describe:			Sexual abuse (lifetime)
			Family history of suicide (lifetime)
	Pending incarceration or homelessness	Protective Factors (Recent)	
	Current or pending isolation or feeling alone		Identifies reasons for living
Treatment History			Responsibility to family or others; living with family

	Previous psychiatric diagnoses and treatments		Supportive social network or family
	Hopeless or dissatisfied with treatment		Fear of death or dying due to pain and suffering
	Non-compliant with treatment		Belief that suicide is immoral; high spirituality
	Not receiving treatment		Engaged in work or school
Other Risk Factors		Other Protective Factors	
Describe any suicidal, self-injurious or aggressive behavior (include dates)			